

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>1</b> Chicken Ala Orange Vegetable Rice Pilaf Green Bean Salad Wheat Cranberry Bread Hot Peach Crumble	<b>2 HDM ONLY</b> French Dip of Beef W/ Mushrooms & Onions Oven Fries Harvard Beets French Roll Fresh Melon Chef Choice	<b>3</b> Classic Lasagna W/ Meat Sauce Squash Medley Italian Green Beans Garlic Bread Oatmeal Raisin Cookie *diabetic sub	<b>4</b>	<b>5 HDM ONLY</b> Hot Dog Twice Baked Potato Casserole Peas and Carrots Hot Dog Bun Banana *Low Sodium Pork BBQ
<b>8</b> Prime Rib of Pork Sweet Potato Mashed Chef's Vegetable Rye Bread Strawberry Yogurt *diabetic sub	<b>9 HDM ONLY</b> Hamburger Baked Beans Mixed Vegetables Wheat Hamburger Bun Fruit Sunburst, Melon *low sodium white beans *diabetic sub	<b>10</b> BLT Chicken Salad Mixed Greens & Tomato Wedges, Tri-Bean Salad Crackers Ambrosia Fruit Custard *low sodium sub no bacon, *diabetic sub	<b>11</b> Spaghetti and Meatballs W/ Marinara Sauce Capri Vegetables Wheat Vienna Bread Chilled Pears	<b>12 HDM ONLY</b> Citrus Alaskan Pollock Mashed Potatoes Green Bean Casserole Bran Muffin Bread Melon
<b>15</b> Baked Meatloaf W/ Country Gravy Mashed Potatoes Stewed Tomatoes Whole Wheat Bread Fresh Orange *low sodium tomatoes	<b>16 HDM ONLY</b> Enchilada Breakfast Casserole Diced Hash browns Peach Cobbler Juice Banana Chef Choice	<b>17</b> Slow Roasted Beef Au Gratin Potatoes Harvard Beets Multi-Grain Dinner Roll Mixed Fruit	<b>18</b> Chicken Booyah & Veg Mashed Potatoes Spiced Apples Rye Bread Spiced Apples Mixed Salad Greens	<b>19 HDM ONLY</b> Turkey Pasta Salad w/ Shell Rigate Leaf Lettuce Garnish & Tomato Wedges Tri Bean Salad Whole Wheat Bread Pineapple Tid Bits
<b>22</b> BBQ Riblet Baked Potato Parslied Cauliflower Sliced Wheat Bun Mixed Fruit *low sodium sauce	<b>23 HDM ONLY</b> Italian Sausage Marinara Scalloped Potatoes Brussels Spouts Multi-Grain Dinner Roll Fresh Melon Juice*Italian Ground Pork	<b>24</b> Jambalaya Brown Rice & Red Peppers Broccoli Corn Bread Chilled Pears	<b>25</b> Dilled Tuna Salad Sandwich Lettuce and Tomato Garbanzo & Kidney Bean w/ Slivered Carrots Balsamic Wheat Sandwich Bun Chilled Peaches Fresh Melon	<b>26 HDM ONLY</b> Chicken Marbella Rice Florentine Country Blend Whole Wheat Bread Whole Orange
<b>29</b> Kielbasa Dilled Baby Red Potatoes Red Cabbage & Apples Rye Bread Fruit Cup *low sodium Italian Pork	<b>30 HDM ONLY</b> Orzo Chicken Salad Mixed Salad Greens Herbed Tomato Wedges Multi- Grain Bread Pineapple Tid Bits Chef Choice	<b>31</b> Spinach & Swiss Souffle Potato Hash Fruit Cup Corn Bread Fresh Orange		*Menu subject to change due to product availability.  *1% milk or skim milk served with meal.