

Monday	Tuesday	Wednesday	Thursday	Friday
CLOSED	3 HDM ONLY Italian Sausage/Marinara Scalloped Potatoes Brussels Sprouts Multi-Grain Dinner Roll Fresh Melon, Juice *Italian Ground Pork Marinara	4 Jambalaya Brown Rice & Red Peppers Broccoli Corn Bread Chilled Pears	5 Dilled Tuna Salad Sandwich Lettuce and Tomato Garbanzo & Kidney Bean w/ Slivered Carrots Balsamic Wheat Sandwich Bun Chilled Peaches, Fresh Melon	6 HDM ONLY Chicken Marbella Rice Florentine Country Blend Whole Wheat Bread Whole Orange
9 Kielbasa Dilled Baby Red Potatoes Red Cabbage & Apples Rye Bread Fruit Cup *low sodium Italian Pork	10 HDM ONLY Orzo Chicken Salad Mixed Salad Greens Herbed Tomato Wedges Multi- Grain Bread Pineapple Tid Bits Chef Choice	11 Spinach & Swiss Souffle Potato Hash Fruit Cup Corn Bread Fresh Orange	12 Baked Meatloaf w/ Country Gravy Mashed Potatoes Peas and Carrots Whole Wheat Bread Banana Fruit Cup	13 HDM ONLY Potato Crusted Fish Filet Au Gratin Potatoes Cole Slaw Whole Wheat Bread Hot Applesauce *diced potatoes
16 Meatballs Marinara Sub Sandwich Potatoes Italiano Italian Green Beans Soft Hoagie Roll Whole Orange *low sodium beef patty	17 HDM ONLY Salisbury Steak & Vegetables Mashed Potatoes Cabbage & Carrots Multi-Grain Bread Ranger Cookie, Whole Apple *low sodium pork cutlet *diabetic sub	18 Ham & Turkey Club Focaccia Flat Bread Lettuce & Tomato Pea Salad Pineapple Tid Bits	19 Chicken & Mini Dumplings Garden Vegetables Corn & Black Bean Salad Multi-Grain Dinner Roll Hot Glazed Apples Banana	20 HDM ONLY Veal Parmesan Penne Pasta w/ Marinara Sauce Broccoli Wheat Vienna Bread Fresh Melon
23 Chicken Ala Orange Vegetable Rice Pilaf Green Bean Salad Wheat Cranberry Bread Hot Peach Crumble	24 HDM ONLY French Dip of Beef W/ Mushrooms & Onions Oven Fries Harvard Beets French Roll Fresh Melon Chef Choice	25 Classic Lasagna W/ Meat Sauce Squash Medley Italian Green Beans Garlic Bread Oatmeal Raisin Cookie *diabetic sub	26 Surimi Crab Salad Leaf Lettuce Garnish & Tomato Wedges Dilled Cucumbers Whole Wheat Bread Apple Crisp, Fruit Cup *diabetic sub	27 HDM ONLY Hot Dog Twice Baked Potato Casserole Peas and Carrots Hot Dog Bun Banana *Low Sodium Pork BBQ
30 Pork Roast w/ Cinnamon Apples Au Gratin Potatoes Corn Wheat Bread Pumpkin Bar				*Menu subject to change due to product availability. *1% milk or skim milk served with meal.