PTSCC half year membership is $20 for July - December 2016. Your membership gives you discounts on trips & center activities, and you are also entitled to use the fitness room, billiards room and public access computer. Join today!

Capturing a year of travel adventures.

Girlfriend Overnight & 2016 Rocky Mtn.

New things to check out at PTSCC

- Fall Festival Pg. 3
- FREE Adult Coloring Class Pg. 8
- Drum Circle & more Pg. 8
- Special Parties Pg. 10
- Medicare Part D Pg. 16

While you are here, please join us for lunch at ‘Our Place Café’. Monday, Wednesday or Thursday. The cost is only a $3.50 suggested donation if you are 60 or better. See page 10 for lunch special events. Call 847.776.7261 to reserve your spot. Meals are served at 11:30am.

CONTINUING SUPPORTERS

AgeOptions  Community Consolidated School District 15  United Way
Palatine Township  Palatine Park District  Village of Palatine

“Alone we can do so little; together we can do so much.”
-Helen Keller

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COMING FOR THE FRIENDSHIP - STAY FOR THE FUN!!!

October - December 2016

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BUSINESS HOURS:
8:30am - 5:00pm
Most activities run 9am-4pm
Monday-Friday
Doors closed at 4:30pm
See Closure list on back page.
**Our Mission ~**

To provide programs and services which support older adults and their families by encouraging independence, well-being and connection to the community.

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**BOARD MEETINGS**

Members are encouraged to attend meetings of the Board of Directors to express any comments or suggestions regarding PTSCC. Board Meetings are held at the Palatine Township Senior Center, 505 S. Quentin Road at 5:00 pm, the last Tuesday of each month.

- Tues., September 27, 2016 at 5pm
- Tues., October 25, 2016 at 5pm
- Tues., Dec. 6, 2016 at 5pm
- Tues., January 3, 2017 at 5pm

Please call the Main Office 847.991.1112 to make sure there are no scheduling changes.

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We would like to welcome Jessica Kim to the team at PTSCC. She joins us as an Intern from Loyola University Chicago, where she is completing her Masters of Social Work. She is working with the Social Services Department.

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PTSCC Staff wishes you & your family a special Holiday Season.

We hope you will join us for some fun & friendship during the winter months.

**Wish list**

- Large Baskets, Wired ribbon for the baskets
- Gently used vacuum cleaner
- TV trays
- Sturdy Card Tables
- Stud finder

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Palatine Township Senior Citizens Council does not discriminate in admission to programs or activities in compliance with the Illinois Human Rights Act, the U.S. Civil Rights Act, Section 504 of the Rehabilitation Act, the Age Discrimination Act, the Age Discrimination in Employment Act, and the U.S. and Illinois Constitutions. Grievance procedures are available through the Executive Director for any individual who believes he or she has been discriminated against in programs and services. If you feel that you have been discriminated against, you have the right to file a complaint. For information, contact Carol Reagan at 847.991.1112.
September is Senior Center Month

This year’s Senior Center Month theme is *Find Balance at Your Center.* Every day, older adults find balance and whole person wellness at senior centers. The Palatine Township Senior Center is joining senior centers across the country to celebrate how today’s senior centers provide opportunities for older adults to be engaged physically, mentally, and emotionally in their communities. Celebrate with us at:

2016 Fall Festival Monday, September 12, 9:00-11am

Join us again this year, to acquire more information about what our Corporate Sponsors & On-Going Supporters offer the community. And have an opportunity to enjoy FREE activities that are offered at PTSCC. There will be giveaways, free refreshments, door prize drawings & more.

**Please pre-register, between Wed., Aug. 10 - Tues., Sept. 6.**

If you intend to have lunch,
$5 suggested donation.
Lunch is a box lunch: Ham or turkey sandwich & lots of sides.
847.776.7261

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**Invest in the Community - Give to PTSCC**

Please remember PTSCC in your charitable contributions. You’ll be helping us provide programs and services that support the independence and well-being of the older adults of the Palatine Township area and getting a tax break, all at the same time. Gifts of cash, stock, real estate, life insurance or life income are welcome and greatly appreciated. You can choose to support our current activities, or plan for the future by designating the gift for our endowment. You can also choose to include us in your estate plan as well. Thank you for your support!

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**Girls’ Night Out - Thurs. Sept. 29, 2016**

Join us for Girls’ Night Out on Thursday, September 29, 2016 from 5:30 to 8 p.m. at Durty Nellie’s Restaurant/Pub, 180 N. Smith Street, Palatine. Your $25 ticket ($30 at the door) entitles you to one drink, heavy hors d’oeuvres, DJ, free pampering stations, photo booth and party favor. Bring 4 of your friends and get a $25 discount (5 for $100)! Buy raffle tickets to win fabulous prizes. Proceeds support PTSCC programs and activities. Tickets are available in the Main Office at the Palatine Township Senior Center, online [www.ptsc.org](http://www.ptsc.org) or at Durty Nellie’s. Questions? Contact Kate Johnson at 847-991-1112, ext. 234.
Over 120 guests enjoyed food and beverages from Rocco Vino’s Twin Lakes on Thursday, June 9th, 2016 for our 4th annual summer fundraiser, “Spring into Summer!” (formerly the Beer Tasting), raising nearly $7,000. Guests enjoyed the warm weather and clear skies under the tent and on the deck at Salt Creek Park District – Twin Lakes in Palatine. Donelda Danz, PTSCC Board Chair and Diane Iser, PTSCC 1st Vice Chair and Summer Kickoff Committee Chair welcomed guests and acknowledged the sponsors for the evening.

There were thirty-one fabulous raffle baskets, four silent auction items, and many excited winners who were very appreciative of winning fabulous items while supporting a great organization. The most popular items included a cooler with a chair and accessories, a craft beer basket, a Weber Grill, and Chicago Cubs tickets. Thank you to our community-minded donors who helped us raise funds for the programs and services offered at the Senior Center.

Committee Chair, Diane Iser, said, “On behalf of the “Spring into Summer” committee and myself, we would like to thank all of those who attended our fundraising event. We were excited to bring the event to you this year via an outdoor venue. Surviving two hours of rain prior to the event, the sun came out just in time to welcome an enthusiastic group of attendees – our largest ever! Proceeds from this fundraiser directly benefit the many seniors that the Palatine Township Senior Center serves. 60% of our funding for the many programs offered to deserving seniors must be provided by our fundraisers. Taking care of our seniors today, helps us to one day take care of ourselves.”
SPRING into SUMMER
DONORS


A special thank you to our Summer Kickoff Committee:
Diane Iser, Chair, Donelda Danz, Maryann Duffy, Karen Fay, Bob Haas, Kate Johnson, Lauren Milani, Carol Reagan, Sheila Schwartz, and Ann Vatch.

The 17th Annual Gala Save the Date – Saturday, February 18th, 2017

Mark your calendars for PTS CC’s seventeenth annual Caring Hearts Gala, Saturday, February 18, 2017, Cotillion Banquets, 360 South Creekside, Palatine. PTS CC Board members Donelda Danz and Marla Shapiro-Gillen are chairing this evening of dinner, dancing, raffles, plus live and silent auctions. Sponsorship opportunities are available. Contact Development Associate, Kate Johnson at 847.991.1112 or kjohnson@ptscc.org for information. Come enjoy an elegant “Evening at Sea: A Starry, Starry Night”.

The 17th Annual Gala Save the Date – Saturday, February 18th, 2017
PTSCC is doing Quilt Raffles 3-4 times this year, drawings are done at café party luncheons. There are 1-2 more drawings left for 2016.

The 28th Annual Senior Celebration Day 2016
Is Thursday, September 15th at Arlington Park Racecourse.
Enjoy a wonderful day with Friends!!

June winner, Rita A.
August winner, Nancy K.

Join us for the 2016 Cookie Walk
Wed., Nov. 16 & Thurs., Nov. 17, 10am-Noon

This fundraiser generates about $700 per year for PTSCC. Cookies are sold for $8 per pound & we have a variety of other goodies priced separately. We raffle off a quilt created by the PTSCC quilt group, at the event. Plus other donated holiday raffle items. We hope you can participate in this event in 2016.

We are looking for bakers for this fundraiser. Please contact Nancy Klintworth or Millie Fronko to fill out the form. Fresh baked cookies, brownies, cakes, breads or pies & other goodies are welcome.

Got the Dot?
The Yellow Dot Program provides a free yellow dot decal to place in your vehicle’s lower left rear window. This notifies first responders in case of emergency that you have a brochure in your glove compartment with important information such as your emergency contact, medications, physician information, medical conditions, allergies and other helpful information. This program is provided by the Illinois Department of Transportation and Yellow Dot information is available at the Palatine Township Senior Center.

RAFFLE WINNERS

<table>
<thead>
<tr>
<th>June 2016</th>
<th>July 2016</th>
<th>August 2016</th>
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<tr>
<td>$100 Geri Les</td>
<td>$100 Pat Dormann</td>
<td>$100 Bernard Olszewski</td>
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<td>$50 Edward Carlson</td>
<td>$50 May Manint</td>
<td>$50 Marion Kirby</td>
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<td>$25 Camille Deutschle</td>
<td>$25 Patrick Kearney</td>
<td>$25 Toshiko Lin</td>
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<td>$25 Bob &amp; Dolores Matuszek</td>
<td>$25 Kathy Kott</td>
<td>$25 Martha Hipchen</td>
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NEW “ASK-THE-NURSE” PROGRAM by Northwest Community Healthcare, first Monday of each month:
12 - 1pm. Oct. 3, Nov. 7, Dec. 5 & Jan. 9, 2017
Northwest Community Healthcare’s Community Nurse is available on the first Monday of every month from 12-1pm in the Wellness Room. Rose Jensen, R.N., BBS, MSM, can provide blood pressure checks & answer your specific health & wellness questions. She can also help you manage your diabetes, understand your medications, provide nutrition education & assist you with finding a physician. Services are free and no appointment is necessary. However, if you want to discuss some health concerns, please register in the Main Office so the Nurse is prepared to spend time with you. Blood Pressure readings will be first 12-12:30pm, then Q & A with the nurse will be between 12:30-1pm.

2016 NEW PODIATRY OFFICE HOURS
Dr. Nick Ivancevic is here the following Wednesdays: Sept. 21, Oct. 26, Nov. 23 & Dec. 28 2016. Contact the doctor’s office to make an appointment, 630.782.6557. Appointments are required & are available from 9:15am - 1pm. Insurance will be billed. Most insurances accepted, except HMOs.

Hearing Care of Palatine, Inc., will be here Thursday Sept. 15, Oct. 20, Nov. 17 & Dec. 15 from 11am - 12:30pm, to offer Free hearing screenings. Please register in the Main Office or call 847.991.1112.

Pamper yourself & Support PTSCC at the Same Time!
Relax with a 30 minute massage from Laura. Laura has 17 professional years as a massage therapist. A massage can help with arthritis issues, muscle strain and provide stress relief. Sept. 12 (Fall Festival 5-10 min. demo between 10-11am, regular appts. between 11am - 2pm) Mondays Oct. 3, Nov. 14 & Dec. 12, 2016. The cost is $30 to the specialist & $5 to PTSCC as a donation. Sign up today & help support PTSCC!!

2016 Golf Season
Thank you for being part of another fantastic season. The players enjoyed great weather, fun fellowship & more. The brunch took place on Monday, Sept. 12, 2016. Thank you to Coordinator Mel Quinn & all of his volunteers who made the season fun. Please look for 2017 registration in Jan.-Mar. Happenings.
NEW - Free Adult Coloring Book Classes
Participate in the coloring class (Minimum of 5 sessions) and receive a FREE Coloring book. When you start the class you will have the option of several preprinted pages. Then, when you complete 5 classes you will receive your own book.

(Limited to the first 20 people who register, see below) If you complete another 4 sessions of classroom time you will also receive a coupon for a Free Café Lunch.

PTSCC will provide the pencils to use in the classroom. You can attend whenever you have time during the open Class times. Hours will be Monday - Thursday from 10:30-11:30am.

Please sign up in the Main Office, before Sept. 22. Participation in the classes will start Monday, Sept. 26.

Start the new year by joining the first Community Drum Circle for 2017, led by Nancy Frenk, Director of Social Services. What do we do? Come find out! A drum circle is an opportunity to discover your joy of rhythm, increase your self-expression & creativity, make new friends, and have FUN! Drums & percussion instruments are provided or you can bring your own. No musical background is needed. Join us Thursday, January 26, 2017, from 9:30-10:30am in the Multipurpose room. To register for this FREE activity, stop by the Main Office or Call 847.991.1112.

Do you have a smart phone, tablet, or device and have questions? We at PTSCC can help.
Each Thursday from 10am-Noon technology/computer lab volunteers are available for technology support and instruction. Bring in your device if you are able, and our volunteers will do their best to help you better work your device.
Some areas of assistance include: smart phones – tablets – laptops and desktops – digital cameras – bluetooth devices wireless devices – memory sticks - portable backups

No appointment is needed to attend or receive help.
We ask that visits be limited to 30 minutes. Volunteers leave at noon; please consider this if you arrive after 11:30 am.

GIFT SHOP - Located on the Main floor near door #1 and the Wellness Room.

‘Second Hand Rose’ Gift Shop NEW hours:
Monday, Wednesday & Thursday: 10am - 12pm

Holiday basket raffle. Starting October 12
Stop in & with a purchase you can place your name in the FREE drawing. The more you purchase, the more chances to win!

We appreciate the following donations: cards, jewelry, household decorations. Contact Nancy Klintworth with any questions. 847.991.1112 x237, Gift Shop.
**DAILY ACTIVITIES**

**MONDAYS:**
- Chair Yoga 9 - 9:45am
- Open Art Room 10:30am
- Sit & Be Fit 10:00 - 10:30am
- Line Dancing 10:45am - 12:30pm
- Serious Poker 11:30am
- Game Day 11:30 - 2:30pm
- Pinochle 12:30 - 4:30pm
- Mah Jongg 12:30 - 4:30pm

**TUESDAYS:**
- Open Art Room 10:30am
- Bridge Club 12 - 3pm

**WEDNESDAYS:**
- Hearts (cards) 9am - Noon
- T.O.P.S. 9:30am
- Open Art Room 10:30am
- Serious Poker 11:30am
- Mah Jongg 12:30 - 4:30pm
- Quilting 12:30 - 2:30pm

**THURSDAYS:**
- Chair Yoga 9 – 9:45am
- Open Computer Lab - 10am-Noon
- Sit & Be Fit 10 - 10:30am
- Open Art Room 10:30am
- Social Poker 10:30am
- Wii 10:45 - 11:30am
- Bags 11am
- Dominoes 11am
- Bingo 12:30 - 3pm
- Tai Chi 3-4pm

**FRIDAYS:**
- Ceramics 9 - 11am
- Serious Poker 11:30am
- Pinochle 12:30 - 4:30pm

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**ART ACTIVITIES**

**CERAMICS** - Fridays, 9am - 11am. Receive a free piece of Bisque pottery to paint & fire at the first class; each session is $4. Join us for a morning of creativity & fellowship.

*Interest has increased & we are welcoming new members on a weekly basis. Join us!*

**WEDNESDAY QUILTING, SEWING & KNITTING GROUP** - Drop in and share some time with people who share your passion for any of these skills listed. This is a wonderful time to relax and have a space to work on your special projects.

They are already preparing for their next design. Join this group for fellowship, sewing, knitting & more. They are showing some of their other projects.

**CHINA PAINTING GROUP** - The Porcelain by Design group meets the third Friday of each month. If you are interested in joining, call Sally at 847.358.3641 for more details.

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**Looking for more participants - Join us**

- Sit & Be Fit (Mon. & Thurs)
- Chair Yoga (Mon. & Thurs)
- Bridge (Tues.)
- Hearts (Wed.)
- Quilters (Wed.)
- Dominoes (Thurs.)
TRAVELING NOON LUNCH CLUB 2016 & January 2017
Fri., October 21, Aurelio’s, 2944 W. Euclid Ave., Arlington Hts., IL
Fri., Nov. 18, Absolutely Chinese, 2140 Plum Grove Rd., Rolling Meadows, IL
Fri., Dec. 9, Palm Court, 1912 N. Arlington Hts. Rd., Arlington Hts., IL
Fri., Jan. 20, 2017, Café Fourteen, 300 N. Hicks Rd., Palatine, IL

The Traveling Lunch Club meets the third Friday of every month at a different restaurant. We have a group of about 15-20 people who come for the fellowship and to try out new restaurants. New members are always welcome. Please call PTSCC 847.991.1112, so we can include you in the reservation count. You purchase the lunch on your own; PTSCC simply makes the reservation for the group.

Special Sponsored Luncheons at ‘Our Place Café’
Please check the White Board in the ‘Our Place Café’ for special upcoming 2016 parties - movie & game options.
If you are interested in setting up some time to play bags, billiards or Wii, please contact Glenn at 847.991.1112 x243 or gzera@ptscc.org

Already scheduled Parties & Special Events, most luncheons start at 11:30am
$5 is a suggested donation for the parties

Thurs., Oct. 6 - Columbus Day Celebration Party, $5, sponsored in part by BHHS, Koeing Realty Group.
Mon., Oct. 17, 11am - Rena Ballard will be here for Q & A regarding Elder Law concerns & more.
Thurs., Oct. 20, 11am - RTA Transportation Q & A, on ride options.
Mon., Oct. 24, 10:30am - A brief presentation by Catholic Charities on all the services they offer the community.
Mon., Oct. 31, - Halloween Café Party, $5, sponsored in part by Symphony of Buffalo Grove
Thurs., Nov. 3, 11-11:30 - BHHS Real Estate Agents, will be hosting a Q & A event to discuss housing options for Seniors - such as staying in your home, downsizing, independent living options & more. Bring your questions.
Thurs., Nov. 17 - Thanksgiving Celebration Party, $5, sponsored in part by Lutheran Home. Officer Kellie will also be joining us that day for a meet & greet at 11am. Performance of popular Broadway songs, by Fremont Street Theatre Co.
Mon., Nov. 21, 11am - Cafe Nutrition Presentation by Prism & Alden, winter soup options & FREE door prizes.
Mon., Jan. 9, 2017 - New Year’s Café party, $5. Join us as we celebrate a New Year!!!
HEALTH & FITNESS ACTIVITIES

TAI CHI - One Hour Class: Thurs. 3pm
This class focuses on balance and smooth movements to strengthen your core.  
(First class is FREE)  
Cost is $5 for Members & $6 for non-members per class.  
Call 847.991.1112 for details.

LINE DANCING
Class size is limited to 15 maximum.  First Class is FREE.  
Intermediate to Advanced instruction: Mondays, 10:45am - 12:30pm  
Cost is $4 per person, per lesson.

CHAIR YOGA, Monday & Thursday at 9am. A 45 minute class  
$2 for Members / $3 for Non-Members.  Wonderful for breathing & relaxation.  
Please call the Main Office for details, 847.991.1112.  
First class is FREE.

SIT & BE FIT - Monday & Thursday, 10 - 10:30am:  $3 Members / $4 Non-Members per class.  This is a wonderful 30 minute set of exercises, sitting & standing, to keep you moving.  First Class is FREE.

RULES OF THE ROAD: No Charge
Do you know at what age you are required to start taking a driving test each time you renew your license?  
Attend the class & find out!  
Thurs., Sept 22, 2016 10am - 12pm  
YOU MUST CALL & REGISTER FOR THE CLASS.  
The DMV now requires a minimum of 5 participants to run the class - Register today.

2016 AARP DRIVER SAFETY PROGRAM:  
Tues., Oct. 11 & Wed., Oct. 12, 9:30am - 1:30pm  
And Mon., Dec. 5 & Tues., Dec. 6, 9:30am - 1:30pm  
You must attend both days of the course.  
$15 for AARP Members & $20 for Non-Members;  
make the check payable to AARP.
We are offering a special trip for 2017 through Fancy Free travel company. By signing up for this trip, you are helping PTSCC generate extra funds for the trips we offer throughout the year.

**Myrtle Beach & Washington DC Monuments:** (home pick up & return included)  
Mon., March 27 - Mon., April 3, 2017. (8 day trip)  
$1,851.55 pp dbl. occ., $2,412.05 sgl.  
This fantastic trip includes 13 meals, 2 night stay in Myrtle Beach, SC & Arlington, VA.  
Trip highlights: Pearl Fryar Topiary Garden, Alabama Theater, Carolina Opry Show, White House Visitors Center, Arlington Cemetery, National WW II Memorial & much more.  
Pick up a detailed flyer in the PTSCC Main Office.  
$372 dep., includes the $172 insurance.

What we have in store for 2017:  
June-Green Bay (includes Lambeau Field) & Minocqua, WI, June-Girlfriends Getaway (the Dells), Diamond Tours (Sept.-Canada), October-Soaring Eagle Casino & more.  

**New Orleans (Diamond Tours)** Sun., April 30 - Sat., May 6, 2017  
This trip includes 4 consecutive nights in the New Orleans area, guided tour of Louisiana Plantation & New Orleans, plus a visit to the National World War II Museum & Mardi Gras Museum.  
Top it off with some free time in the French Quarter & a Riverboat Cruise - now you have enjoyed a taste of New Orleans!  
Cost: $659 pp dbl. occ., $899 single. $75 dep. Due at registration.  
Insurance on your own through Travel Insured International.

Join us again for a wonderful adventure of discovery & fun. On our way to Jumer’s Hotel & Casino, we will stop at Circa 21 for a lunch theatre, “Ghost-the Musical”. Then on Thursday we will go on an eagle safari in the morning & then travel back home stopping along a way at a chocolate & wine shop. Moderate to lots of walking.  

Thank you to our trip sponsors, for the trip bags & items to share with the participants.
We frequently co-op with Dundee on programs. In order to better manage our trips, if you register at PTSCC & want to take the bus from Dundee, you must also be a member there & vice versa. This arrangement will help us provide the best possible service. Thank you for your cooperation & understanding.

**NEW - MARK YOUR CALENDARS**

Members may register, in person, first for activities listed in booklet beginning on the following dates:

<table>
<thead>
<tr>
<th>Registration date</th>
<th>Happenings Edition</th>
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<tbody>
<tr>
<td>Tues., Sept. 20, 2016</td>
<td>October, November, December</td>
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<tr>
<td>Tues., Dec. 20, 2016</td>
<td>January, February, March 2017</td>
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MEMBERS CAN ALSO REGISTER BY PHONE THE FIRST DAY, AT NOON. MEMBERS CAN REGISTER 1 OTHER MEMBER AT THE TIME THEY REGISTER

Non-Members may register for trips the Mondays following member registration.

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**Christkindlmarket**  
*Daley Plaza - Chicago, IL*  
Tues., Nov. 22, 2016  10am-3:30pm  
Cost: $30 Members  
$38 Non-Members  
**DEADLINE OCTOBER 20, 2016**

The Christkindlmarket in Chicago brings a cherished German & European tradition with international flair, unique shopping & typical German food & drink. You will have free time & lunch on your own downtown Chicago.  
**Lunch is not included, moderate to lots of walking**

**Fireside Christmas**  
*Ft. Atkinson, WI*  
Thurs., Dec. 8, 2016  8am - 6pm  
Cost: $95 Members  
$103 Non-Members  
**DEADLINE OCTOBER 20, 2016**

This show will re-kindle the true spirit of Christmas in all of us. This show captures the essence of the holiday season with song & dance. Lunch is ribs & chicken, whipped squash, cheesecake & more.  
**Moderate to lots of walking**

**“Little Mermaid” Paramount Theatre**  
*Aurora, IL*  
**OPEN TO KIDS (5+) WITH ADULTS**  
Wed., Dec. 21, 2016 11:15am - 5:30pm  
Cost: $60 Members  
$68 Non-Members  
**DEADLINE NOVEMBER 21, 2016**

What a perfect Christmas gift to share with your kids & grandkids. This Disney movie comes to life in an awe-inspiring Paramount production. There is NO meal on this trip. We will provide FUN snacks.  
**Moderate to lots of walking**

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**Agency Trip - FREE**  
$5 refundable deposit to hold your spot.

**Wed., Sept. 28, 11am - 2pm**  
The bus from Eastgate in Algonquin will pick you up (10 spots). You will have lunch, tour & more. Our Dundee friends will be meeting us.

**Wed., Nov. 2, 11:30am - 1pm**  
Visit Rosewood of Inverness, 1800 W. Colonial Pkwy., they are just up the street from PTSCC. Join us for lunch & a tour.

**Wed., Dec. 7, 11am - 2pm**  
The bus from Lutheran Home will pick up the group. You will enjoy a brunch, tour & more.
Special Event & Theatre tickets are always limited and will sell quickly. Please check in at Door #2 when attending a trip.

**Phantom of Opera**  
*Cadillac Theatre, Chicago, IL*  
**Wed., Jan. 4, 2017, 12:30 - 6:30pm**  
Cost: $128 Members  
$136 Non-Members  
**DEADLINE DECEMBER 5**  
Join us for this beloved love story & thrilling score - with songs like “Music of the Night”, “All I ask of you” & “Masquerade”. There is NO meal with this trip.  
**Moderate walking**

**Sweeney Todd**  
*Paramount theatre, Aurora, IL*  
**Wed., Feb. 15, 2017, 10am - 6pm**  
Cost: $60 Member  
$68 Non-Member  
**DEADLINE JANUARY 6**  
Join us for this story of revenge, at the hands of a barber. Full of thrills & terror, this black-comedy is designed to hold you in your seats. Lunch will be on your own at Hamers.  
**Moderate walking**

**Sky diving**  
*Rosemont, IL*  
**Tues., Feb. 28, 2017, 8:15am - 2pm**  
Cost: $75 Members  
$83 Non-Members  
**DEADLINE JANUARY 13**  
Experience the feeling of skydiving in an enclosed & safe environment. You receive 10 minutes of instruction & then 2 - 1 minute flights! Lunch will be on your own at a Rosemont restaurant. Using Park District Vehicles.  
**Moderate to lots of walking**

**Beauty & the Beast**  
*Fireside Theatre, Ft. Atkinson, WI*  
**Thurs., Mar. 9, 2017, 8am - 6pm**  
Cost: $95 Members  
$103 Non-Members  
**DEADLINE FEBRUARY 3**  
An epic love story to warm your heart. Now it comes to life on the Fireside stage in an all new breath-taking production filled with stunning scenery, ravishing costumes, fabulous dancing, side-splitting humor, and delightful songs. Lunch is included.  
**Moderate walking**

**My Way**  
*Theatre at the Center, Munster, IN*  
**Thurs., Mar. 16, 2017, 10:30am - 6pm**  
Cost: $80 Members  
$88 Non-Members  
**DEADLINE FEBRUARY 10**  
Relive the legendary career of Frank Sinatra as four actors share more than 50 of his beloved hits. This is a musical tribute to the iconic success of ole Blue Eyes. Lunch Choice: Tilapia or Pepper Steak.  
**Moderate to lots of walking**

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**Trip Policies and Guidelines**

**Cancellation Policy**  
Once we have made final payments for any trip (transportation, tickets, meals), we cannot refund your money. We are sorry for the inconvenience.

**Basic Trip & Center Guidelines**  
There is a set of guidelines outlining the Code of Conduct for each Center Activity & Trip. These guidelines are also posted on many Center bulletin boards and are part of the PTSCC Membership Booklet. The Code of Conduct was established so everyone can enjoy the activities. Thank you for participating and being respectful of yourself, others in your group & the space around you.

**PARTICIPATION CRITERIA**  
(CENTER ACTIVITIES & TRIPS)  
Those participating in Senior Center programs must be able to address their own personal needs. Those with special needs are welcome to participate, but must be accompanied by someone qualified to assist them.
SOCIAL SERVICES

PTSCC Social Services Staff
Nancy Frenk, MA – Director of Social Services
Lisa Boatright, MSW - Social Service Rep.
Nina Vaynrub – Russian Liaison
Antonia D. Gámez – Latino Liaison
Diane McFadden, MSW, LSW - ADS Coordinator
Jessica Kim - Intern

Our Social Service Department can assist you in a variety of ways:

- Applications for senior entitlement programs
- Medicare/Medicaid questions
- Referrals to community agencies
- Housing Questions
- Listings of service providers
- LIHEAP (Low income Home Energy Assistance Program)
- Options Counseling
- SHIP (Senior Health Insurance Program)
- Prescription Drug Insurance Counseling

Call to schedule an appointment today! 847.991.1112

Caring Hearts Adult Day Center

The Caring Hearts Adult Day Center is an interactive social group for older adults with mild to moderate Alzheimer’s disease or dementia. If you are caring for someone with memory loss and think your loved one may benefit, call today for more information about this helpful program.

Group members maintain their independence and stay active by making new friends, socializing, and participating in a variety of fun activities. Your loved one will be involved in structured, supervised, and engaging activities, while you get a break from your caregiving responsibilities. Activities stimulate participants mentally and physically.

Transportation is available to Palatine Township residents through the Palatine Township Transportation Services program. However, the group is open to residents of any community. A hot lunch option is also available.

The program is available Monday through Thursday, 11am – 3pm. For more information or to arrange a tour, contact Nancy Frenk at 847.991.1112, Ext. 222

Caregiver Support Group

Are you feeling stressed or overwhelmed due to your role as a caregiver for someone with memory loss? Being able to talk to others who are experiencing similar challenges of caregiving can be beneficial in relieving some of the frustration and discouragement that often comes with the added responsibility of caring for a loved one with memory loss.

This support group meets the 2nd Thursday of every month 11am – 12pm.
Call Diane McFadden for more information at 847.991.1112 x226

New to Medicare?

We can help!
Not sure where to begin?
We can direct you!
Not sure what Part A, Part B, and Part D mean to you?
We can explain!
Wondering about the benefits and how to enroll?
We can show you!
Unsure about which Part D plan or Supplemental plan to enroll in?
We can advise you!

Our trained SHIP staff and our SHIP volunteer can explain Medicare and all of its many details. Call us for an appointment or we can email or mail you information that will help you get started on the path to understanding this important program. Call us for more information at 847.991.1112.

Looking to Give Back?

Consider volunteering at the Palatine Township Senior Citizens Center. Opportunities include Gift Shop Volunteers, Shopping Assistant, Home Delivered Meals Driver, and many more. For more information please visit us online at www.ptsc.org or contact Lisa Boatright at 847.991.1112, Ext 224.

**Benefits Access Program Application Assistance**

This program offers two benefits: Discounted license plate renewal fee and a Pace/RTA Ride Free Program. Income limits: $27,610 for an individual or $36,635 for a couple. You will need your 2015 income tax return or proof of income from 2015 to apply.

Depending on your income, application approval can take up to 8 weeks. Please talk with a Social Services Representative if you have questions or would like to apply. Call 847.991.1112

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**SNAP Enrollment Assistance Available**

**What is SNAP?**

The Supplemental Nutrition Assistance Program (SNAP), “formerly known as Food Stamps” is a program that helps pay for healthy food at the grocery store.

**Do you qualify?**

Income Guidelines for older adults and people with disabilities:

- 1 person - $1,962 per month
- 2 people - $2,655 per month

**How does it work?**

The monthly benefit amount varies based on income, housing and medical expenses. This amount is credited monthly onto a debit card that can be used to purchase groceries.

**What should you bring in to apply?**

- Social Security Card, State ID, Medicare and Insurance cards
- Recent proof of all income
- Proof of recent rent, or property taxes, or mortgage, and utility bills
- Proof of Medical Costs

Call 847.991.1112 for an appointment!

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**Medicare Part D Open Enrollment is coming!**

The annual Medicare Open Enrollment Period is October 15 – December 7, 2016.

This is an important time of year to look at your Medicare Prescription Drug Plan. You can change your plan during Open Enrollment and should compare plans each year since they often change their costs and formulary coverage. Our Social Services staff can assist you through this process by entering your medications into the Medicare.gov Plan Finder system.

It will tell us which plan will be most cost-effective based on your specific medications. We have been able to help people save hundreds of dollars by switching plans!

Call to schedule an appointment. When you come in you will need to bring your Medicare card as well as a list of current medications, their dosages & the frequency you take them so we can accurately predict your costs in 2017.

Call 847.991.1112 for an appointment!

**OR**

Sign up today for our Medicare Part D Open Enrollment Events

Be sure to reserve a one-hour appointment during one of the upcoming Open Enrollment Events listed below.

- Friday, October 21st
- Friday, November 11th
- Wednesday, November 16th
- Wednesday, December 7th

One of our trained SHIP counselors will be happy to guide you through the shopping process to identify the best prescription drug plan for your needs.

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**LIHEAP**

(Low Income Home Energy Assistance Program)

We will again be accepting applications for the LIHEAP Program this year. This program assists with gas and electric costs. LIHEAP will provide a one-time benefit to eligible households to be used for energy bills. The amount of payment is determined by income, household size, fuel type, and geographic location.

Call the Social Services Department to see if you qualify and to schedule an appointment at 847.991.1112.
TERCERA EDAD DE PALATINE

El Centro Para Personas de la Tercera Edad de Palatine sirve a las personas de 50 años o más que residen en el municipio de Palatine, y tiene como objetivo el mantener a las personas activas e independientes.

Se provee información y asistencia sobre programas de educación, de nutrición, de recreación, de vivienda y de recursos comunitarios. Se provee también información y asistencia sobre lo siguiente:

* Medicare
* Medicaid (tarjeta médica)
* SNAP (estampillas de comida)
* MSP (Programas de Ahorro de Medicare)
* Extra Help (Programas de Ahorro de Medicare)
* BAA (descuento para placas de carro y el pase para el transporte público).

Favor de comunicarse con Antonia D. Gámez al (847) 991-1112, ext. 223 para una cita.

Todos los Miércoles de 1:00 a 2:00pm

El baile es una actividad de bajo impacto pero de gran beneficio físico y mental. Además, es divertido. Los invitamos a que participen y a mantenerse activo.

Bailamos coreografías diferentes para bailar al compás de distintos géneros de música como country, western, cumbia, salsa, bachata, rumba, tango, Tejano y más. El programa es gratis. ¡Los esperamos!

• • • • NOTA IMPORTANTE • • •

Se aproxima la Inscripción Abierta 2016 de la Parte D de Medicare:

15 de Octubre
Al
7 de Diciembre del 2016

Llame para una cita y comparar los planes de medicamentos para el año 2017, por favor comuníquese al (847) 991-1112, Ext. 223.

MIÉRCOLES LATINOS

Los invitamos a visitarnos todos los miércoles e integrarse al Grupo Latino del Centro. Ya estamos planeando las siguientes celebraciones:

•• 16 de Septiembre
•• Día de los Muertos
•• Día de Acción de Gracias
•• Celebración Guadalupana
•• Fiesta Navideña

Aparte del juego del Bingo y la clase de Baile en Línea, el último miércoles de cada mes, presentamos diferentes temas de importancia, celebramos los cumpleaños y los aniversarios del mes, y disfrutamos con música y Karaoke. Ven a celebrar y a divertirse con nosotros.

Para participar o más información, por favor comuníquese al (847) 991-1112, Ext. 223.

CEDA / LIHEAP

El programa de asistencia de invierno para la luz y el gas comienzo el 1ro de septiembre del 2016. Se necesita cita para la solicitud. Llame hoy al (847) 991-1112, Ext. 223.
INFORMATIONAL LIST

October - November - December

SOCIAL SERVICES AND PROGRAMS:
Our center (PALATINE SENIOR CENTER)
505 S. Quentin Rd., Palatine, IL 60067
provides the following services:

- Assistance in applying for Public Aid, Medicare, SSI, LIHEAP, BAP and other programs,
- Help in finding subsidized housing.

TRANSPORT SERVICES:
You will receive information on how to purchase taxi coupons and how to apply for public transportation discounts.

The center offers activities for Russian-speaking clients. On these activities, clients receive information about social programs, learn to read letters and documents concerning various aspects of the lives of the elderly in the USA.

Join us!

All that happens in the Center you will learn from our leaflet (if you read in English).

On Russian you can get information from Nina.

Palatine Township Senior Citizens Center, 505 S. Quentin Rd. Palatine, 60067
(847) 991-1112, Ext. 225

Monday / Monday 8:30 AM - 5:00 PM
Wednesday / Wednesday 1:00 PM - 5:00 PM

N-E Palatine Opportunity Center, 1585 Rand Road, Palatine, 60074
(847) 776-9500, Ext. 231

Tuesday / Tuesday 8:30 AM - 5:00 PM
Wednesday / Wednesday 1:00 PM - 5:00 PM

Your social worker may also visit you at home. Call!

DO YOU SPEAK ENGLISH?
The ESL course continues in the Palatine Opportunity Center (1585 N. Rand Rd.).
There are also conversation groups. That's how we celebrated Christmas and New Year in our Center in December 2015.

Stay tuned for information about the New Year's Eve in December 2016.

NINA VAYNRUB, SOCIAL SERVICE REPRESENTATIVE
CALL FOR APPOINT & OFFICE HOURS
(847) 991-1112, Ext. 225

News!

At our center, social workers can also visit you at home. Call!

We are conducting an ESL course (English as a Second Language) in the Palatine Opportunity Center (1585 N. Rand Rd.).
There are also conversation groups.

Here is how we celebrated Christmas and New Year in our Center in December 2015.

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CALL FOR APPOINT & OFFICE HOURS
(847) 991-1112, Ext. 225
**CORPORATE MEMBERS**

For as little as $500 a year, you can become a PTSCC Corporate Member. Contact Kate Johnson for more information. 847.991.1112 x234 or kjohnson@ptscc.org

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### PLATINUM CLUB

Northwest Community Healthcare  
800 W. Central Road  
Arlington Heights, IL  60005  
847.618.1000

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### GOLD CLUB

- **Addolorata Villa-Franciscan Communities**  
  555 McHenry Rd  
  Wheeling, IL  60090  
  847.808.4421

- **Northrop Grumman**  
  600 Hicks Rd.  
  Rolling Meadows, IL  
  60008  
  224.625.6611

- **Hearing Care Of Palatine, Inc**  
  305 E. NW Hwy.  
  Palatine, IL  60067  
  847.358.2896

- **Lutheran Home**  
  800 W. Oakton St.  
  Arlington Hts., IL 60004  
  847.368.7404

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### SILVER CLUB

- **BHHS, Koenig Realty Group**  
  Debbie McGuire & Russ Mangialardi  
  2570 W. Schaumburg Rd  
  Schaumburg, IL 60194  
  630.914.9957

- **Rosewood Care Center of Inverness**  
  1800 W. Colonial Pkwy.  
  Inverness, IL 60067  
  847.776.4700

- **A Homecare Service LLC**  
  800 E. NW Hwy.  
  Suite 609  
  Palatine, IL 60074  
  847.877.4949

- **The Garlands of Barrington**  
  1000 Garlands Ln.  
  Barrington, IL 60010  
  847.612.4830

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### SILVER CLUB

- **Plum Creek Supportive Living**  
  2801 W Algonquin Rd  
  Rolling Meadows, IL 60008  
  847.670-8080

- **Lavelle Law, Ltd.**  
  501 W. Colfax St.  
  Palatine, IL 60067  
  847.705.7555

- **Comfort Keepers**  
  1627 Colonial Parkway  
  Palatine, IL  60067  
  847.221.5300

- **Church Creek**  
  1250 W. Central Rd.  
  Arlington Hts., IL 60019  
  847.506.3200

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### SILVER CLUB

- **The Moorings of Arlington Heights**  
  811 E. Central Rd.  
  Arlington Hts., IL 60005  
  847.640.3155

- **The Grand At Twin Lakes**  
  920 E. Northwest Hwy.  
  Palatine, IL 60074  
  847.530.6140

- **ManorCare Health Services**  
  4225 Kirchoff Rd.  
  Rolling Meadows, IL  
  60008  
  847.397.2400

- **Brandt Financial Concepts, Inc.**  
  134 W. Slade Street  
  Suite 1  
  Palatine, IL 60067  
  847.358.8600

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### SILVER CLUB

- **ProHealth**  
  777 N. Quentin Rd.  
  Palatine, IL 60067  
  224.993.3737

- **Friendship Village Schaumburg**  
  350 W. Schaumburg Rd.  
  Schaumburg, IL 60019  
  847.839.3648

- **Palatine Bank and Trust**  
  110 West Palatine Road  
  Palatine, IL 60067  
  847.963.0047
Lutheran Home has been located in Arlington Heights for over 124 years. Services offered include assisted living, memory care and long term nursing care. The reputation and long standing history of Lutheran Home speaks for itself.

The MyRehab Center is a new state of art building for patients needing rehabilitation following a hospital stay. Patients enjoy private rooms and private bathing suites as well as amenities such as bistro style dining and seven day a week therapy. The MyRehab Center has become a leader in the industry in post-acute care. In addition, Lutheran Home has a full Center for Wellness offering outpatient therapy and physicians on campus. Also available is an ice cream parlor, general store, history museum and Chapel. Cherished Place Adult Day Center is a day club which is open Monday thru Friday from 7am-6pm to give caregivers a break during the day. Veteran’s Benefits and Community Cares Benefits accepted for payment.

Call 847-368-7400 to learn more about any service or take a tour of the Lutheran Home campus.